



EMETOPHOBIA-FREE WORKSHOP

TERMS AND CONDITIONS

These Terms and Conditions outline the agreement between the Workshop Facilitator (Michelle Johnson on behalf of the Emetophobia-Free programme) and the Participant (you) for participation in the 12-week group workshop designed to support individuals in overcoming emetophobia.

By enrolling in this workshop, you agree to the following:

Commitment and Participation

- You must commit fully to attending all scheduled workshop sessions.
- Active participation is essential. Clients are expected to attend with cameras on, engage openly and fully participate by sharing thoughts and questions & completing all exercises taught in the workshop
- You must read all relevant sections of the manual and watch the videos before attending the workshop.

Cancellations

- Cancellations made more than 24 hours in advance can be rescheduled without charge to the next scheduled programme dates.
- Cancellations made within 24 hours of the session time will be charged in full, except in emergencies.

Fees and Payments

- The total cost of the bootcamp covers all sessions, materials, and resources.
- Full payment is due 24 hours before the start of the bootcamp, unless otherwise agreed.
- Any additional follow-up sessions after the workshop are charged at £125 per session (or local equivalent).

Coach Responsibilities

Your coach will:

1. Conduct all sessions professionally and ensure a supportive, respectful group dynamic.
2. Respond to relevant questions between sessions within a reasonable timeframe.
3. Maintain confidentiality in accordance with data protection laws.
4. Provide guidance, support, and feedback throughout the workshop
5. Respond to relevant questions and enquiries in between sessions via email, whatsapp or SimpleX group chat within a reasonable timeframe

- a. Please note that angry, threatening or inappropriate communications during or between sessions will not be tolerated and, if not amended after a warning, coaching will be terminated and no refund offered.
- b. Whilst I am always willing to help and to respond to queries outside of the sessions, I cannot respond regularly to excessive volumes of communication, especially in the evenings or at weekends.

Client Responsibilities

As a participant, you agree to:

1. Dedicate yourself fully to applying the techniques and principles taught during the workshop.
2. Be open, honest, and engaged throughout the process.
3. Complete all exercises and tasks as directed.
4. Arrive on time and bring any required materials.
5. Take full responsibility for your own progress. I will guide you, but your effort and consistency determines your results.

Confidentiality and Data Protection

- All personal information, notes, and correspondence are stored securely in compliance with data protection legislation.
- The full privacy policy and data protection terms are available upon request or on the Thrive Programme website.

Contact

If you have any questions regarding these Terms and Conditions, please contact me directly.